

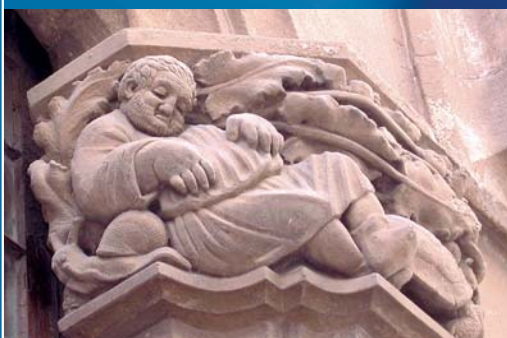
# The Food, GI-tract Functionality and Human Health Cluster

PROEUHEALTH

Sitges, Spain

Closed project meetings  
14 March, 2004

Workshop 3  
15 – 17 March, 2004





Welcome to the 3rd  
PROEUHEALTH Workshop  
Sitges, Spain  
15–17 March, 2004

**SCOPE** Probiotics and prebiotics aimed at improving intestinal health currently represent the largest segment of the functional foods market in Europe and Japan. European Commission through its 5th framework programme has provided a substantial opportunity for both scientists, industry and consumer organisations to invest in precompetitive research. This has enabled to create multidisciplinary networks, platforms and finally dialogues between different communities. Evidence continues to emerge demonstrating that probiotics and prebiotics have great potential to improve human health in specific intestinal disorders and the knowledge about the intestinal microbiota, their interaction with its host and methods of manipulating their composition and activity for the improvement of human health is growing.



The Food, GI-tract Functionality and Human Health Cluster (PROEUHEALTH) from 2001 to 2005 brings together eight complementary, multicentre interdisciplinary research projects. All have the common aim of improving the health and quality of life of European consumers. The collaboration involves 64 different research groups from 16 different European countries. The research results from the cluster are disseminated through annual workshops and the event in Sitges is the third one in the series of workshops and involves the activities of three different platforms: a science, an industry and a consumer platform.

The Sitges event provides highlights from research activities in the cluster and gives an excellent opportunity for young talented scientists to bring out their exciting results. The second day will establish a discussion forum between the industry and consumer platform among a gut health market with new products. Moreover the event brings together interesting representatives from Associated Candidate countries, as well as examples of running CRAFT projects on probiotics.

# PROGRAMME

## SATURDAY, 13 March

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**20.00** Get-together-party of the project partners at Meliá Gran Sitges

## SUNDAY, 14 March

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### **Closed EU-project meetings 9.00-18.00 for PROEUHEALTH Cluster project partners**

**9.00 – 18.00** Closed project meetings

**11.00 – 11.30** Coffee

**13.00 – 14.00** Lunch

**16.00 – 16.30** Coffee

**20.00 –** Get-together-party of the workshop at Meliá Gran Sitges

## MONDAY, 15 March

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### **PROEUHEALTH cluster achievements, innovations and highlights 2001-2004**

**8.00 - 9.00** Registration

**9.00-9.45** Microbe diagnostics – Michael Blaut, DiFE, Germany

**9.45-10.30** Host-microbe interaction in guthealth – Glenn Gibson, University of Reading, United Kingdom

**10.30-11.00** Coffee

**11.00-11.45** The elderly gut - Joel Doré, INRA, France

**11.45-12.30** IBD and chronic diseases – Fergus Shahanan, UCC, Ireland

**12.30-14.00** Lunch and posters at PROEUHEALTH market

**14.00-14.45** Second generation probiotics – Annick Mercenier, Nestlé, Switzerland

**14.45-15.30** Fight against *Helicobacter* - Luc deVuyst, VUB, Belgium

**15.30-16.00** Coffee

**16.00-16.45** Safety from medical perspectives – Herman Goossens, University of Antwerp, Belgium

**16.45-17.30** Technology of probiotics and prebiotics – Dietrich Knorr, TUB, Germany

## TUESDAY, 16 March

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### **Cluster achievements, industry and consumer platform**

**9.00-12.00** Cluster achievements in poster sessions (young and senior scientists will present specific project results)

**12.00-14.00** Lunch, posters at PROEUHEALTH market

**14.00-17.00** Industry statements and Consumer platform

Industry statements and Consumer platform will be based on panel discussion from questions raised by consumer organisations

Industry statements selected from Nestlé, Orafiti, Danone, Unilever, Numico, Danisco, Valio, Rhodia, Probi Ab, Tine, Zeiss, Microscreen, Alimentary Health, Beldem S.A., Dexter Com srl

Consumer statements by: Beate Kettlitz, BEUC, Belgium, Gemma Triguerosm, Technical Department OCU, Spain, Sue Davies, Consumers Association, United Kingdom and Rod Mitchell, EFCCA, United Kingdom

**20.00** Dinner

## WEDNESDAY, 17 March

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### **6th framework programme & new member states**

**9.00-9.30** Food safety and quality, Liam Breslin and Jürgen Lucas, European Commission, DG Research

**9.30-10.00** Food claims directive EU DG Health and Consumer Protection, Basil Mathioudakis

**10.00-10.30** Future prospects for gut health – Willem de Vos, WCFS-WU, Netherlands

**10.30-11.30** New actions from candidate countries: Tsona Stefanova, LB Bulgaricum, Bulgaria, Prof. Maria Bieleca and Włodzimierz Grajek, Poland

**11.30-12.00** CRAFT project on microencapsulation of probiotic products – Jerome Panes, Lallemand SA, France

**12.00-14.00** Farewell lunch

**Departure to the airport after the programme**

**REGISTRATION FEE**

Paid by 1st February 750 € incl. VAT 16%

Paid after 1st February 850 € incl. VAT 16%

Reduced price for PhD students 250 € incl. VAT 16%. Reference from project coordinator for reduced prices is needed for PhD students and partners.

**WORKSHOP LANGUAGE**

All lectures during the workshop will be held in English.

**Posters and abstracts**

Participants are welcome to submit abstracts within the scope of the workshop for poster presentations. One poster board will be assigned to each poster.

Please send your abstract (max. 200 words) in Word or Rich Text format (.rtf) as an e-mail attachment to Ms. Raija Ahonen (raija.ahonen@vtt.fi) before 1 January 2004. The abstracts will be evaluated by the Scientific Committee of the Workshop.

**Venue**

The workshop will be held in the Hotel Meliá Gran Sitges (www.meliasitges.solmelia.com) close to the centre of Sitges.

**Sitges**

Sitges lies on the coast of the Mediterranean Sea. Sitges is a popular holiday resort with its splendid 4 km long beaches. It takes about half an hour from Sitges to the city of Barcelona by train.

**Transportation**

The closest airport – Barcelona airport – is situated about 40 km from Sitges.

It takes about half an hour by taxi to Sitges. Trains take passengers from the airport to Sitges. Note that there is a shift of trains in Barcelona.

Please put a tick to the registration form if you need bus transportation from the airport to your hotel. The organizers will plan the timetable according to the flights that the participants have informed in the registration form.

Buses will take the participants back to the airport right after the closing of the workshop programme on 17th March. Information will be given on a bulletin board near the secretariat desk during the workshop.

**Evening programme**

13 March, 2004 Get-together for the project partners

14 March, 2004 Workshop get-together

16 March, 2004 Workshop dinner

**Accompanying persons**

The registration fee of the accompanying persons includes the get-togethers and the dinner.

**Cancellations**

Notification of cancellation must be made in writing to the Madrid office of Pharma Congress and a refund will be issued after the conference as follows:  
Cancellation by 2nd January, 2004: 50% refund of total amount of registration fee. Cancellation after 2nd February, 2004: no refund.

**Queries****Registration, hotel bookings:**

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**Scientific Committee**

Prof. Willem de Vos

Prof. Glenn Gibson

Prof. Michael Blaut

Dr Joël Doré

Prof. Charlie Daly

Prof. Dietrich Knorr

Dr. Annick Mercenier

Prof. Fergus Shanahan

Prof. Herman Goossens

Prof. Luc de Vuyst

Dr Jürgen Lucas

Dr Liisa Lähteenmäki

Dr Maria Saarela

Prof. Tiina Mattila-Sandholm

**Workshop Committee**

Paula Bergqvist

Tiina Mattila-Sandholm

Maria Saarela

Jaana Mättö

Johanna Maukonen

Liisa Lähteenmäki

**Important dates**

Abstracts by 1 January 2004

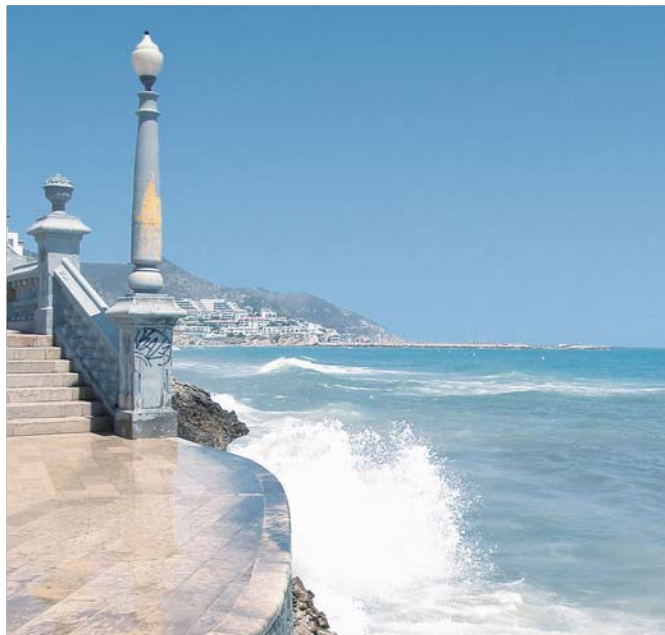
Early registration by 1 January 2004

Cancellation of participation before 2nd February, 2004

Closed project meetings on 14 March, 2004

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